The OHSL will play both boys and girls modified basketball games following the detailed format below (effective Fall 2019). This will effect games involving any two of the following OHSL member schools:

A.P.W. Chittenango Institute of Technology Mexico Solvay

Bishop Grimes CBA (Syracuse) Jordan Elbridge Onondaga (OCS) S.A.S.

Bishop Ludden Faith Heritage Lafayette Phoenix Tully

Cato Meridian Fabius Pompey Lyncourt Port Byron Weedsport

Cazenovia Hannibal Manlius Pebble Hill (MPH) Pulaski Westhill

 Homer Marcellus Skaneateles

**Length of play & format:**

1. Coaches are required to exchange rosters, prior to the game, designating “A” & “B” level players. When a team has less than 10 players (unbalanced roster) 5 players of lesser ability are marked as “B” and the remaining players are “A”.

2. “A” players can only play in the designated “A” periods. “B” players may participate in “A” periods. No one

can make an appearance in more than (3) three periods (excluding OT).

3. Overtime is (4) four minutes. If a winner is not decided after the first OT, the game will end in a tie.

4. Each team gets (4) four timeouts per contest and will receive (1) one extra during OT

5. All periods count towards the final score

6. All team members must appear in at least (1) one period

12 or more players (both teams)

● 35 total minutes

● (5) 7:00 periods OR 4 quarters of 8:00, 9:00, 9:00, 9:00

● Format: A-B-A-B-A (5 periods) or A-B-A-A (4 quarters)

11 players or less

● (4) 7:00 quarters (28 total minutes)

● Format: A-B-A-A

**Fouls:**

Boys

● 4 quarter game by half: 7 team fouls (bonus) / 10 team fouls (double bonus)

● 5 quarter game: First half (same) 2nd half: 10 team fouls (bonus) / 13 team fouls (double)

Girls

● 5 team fouls in a quarter = double bonus (no 1 and 1)

**Rules & Guidelines:**

 ● 3-point field goals are allowed, and will be awarded, if the court is properly marked

● Full court pressing is allowed during the entirety of all “A” periods, unless a team is leading by 10 or more points. Half court traps are considered a press defense.

● Full court pressing is not allowed in any of the designated “B” periods

 7th grade

● Defense is limited to man to man with help side defense and 2-3 zone

 7/8 combined and 8th grade

●There are no half court defensive restrictions, in any period. All half court defenses are permitted, including traps, zones and double teams.